



taekwondo | hapkido | philippine combatives

Each belt rank is responsible for knowing the meaning of one of the Tenets of Taekwondo.

5 Tenets of Taekwondo

1. Courtesy (White Belts) - Always be polite. Respect yourself and others both inside and outside of class.
2. Integrity (Yellow Belts) - Always do what is right. Be honest with yourself and others both inside and outside of class.
3. Perseverance (Orange Belts) - Always complete what you begin. Set goals and take the necessary steps to achieve that goal both inside and outside of class.
4. Self-Control (Green Belts) - Always maintain control of your thoughts and actions. Strive to be better than you were yesterday both inside and outside of class.
5. Indomitable Spirit (High Green Belts) - Always have a positive and determined attitude even when faced with overwhelming odds. Be courageous and stay true to your principles inside and outside of class.